

stuzzichini

TASTY NIBBLES

Authentic Italian Handbaked

HOT GARLIC & SEA SALT FOCACCIA 4.50
with tomato 4.75
with swiss cheese 5.00



sharing antipasto platters

CLASSIC ITALIAN 16.50
parma ham, salami, feta cheese, mozzarella, olives, sunblush tomatoes, mixed pickles, fresh baked bread

CHEESE BOARD 8.95
a selection of artisan cheeses
apple & celery sticks & biscuits

SEAFOOD 19.50
smoked salmon, crayfish, prawns, tuna paté, crab, fresh baked bread, marie rose dip, lemon wedges

insalata

SALADS

CRAB & PRAWN 12.95
avocado, cucumber, peppers, cherry tomatoes, leaves, red onion & marie rose dip

GREEK 9.50
feta cheese, olives, mixed salad, & a pot of houmous

CAESAR 11.75
grilled chicken & bacon, anchovies, parmesan & croutons

AVOCADO & CRISPY BACON 9.50
salad leaves, peppers, red onions, cherry tomatoes & cucumber

GRILLED GOATS CHEESE 11.75
beetroot, pomegranate, pumpkin seeds, mixed salad & balsamic drizzle

CAPRESE SALAD 7.95
mozzarella, tomato & basil

SPICY MARINATED CHICKEN 11.50
mango, cherry tomatoes, salad leaves, peppers, red onions, cucumber & aioli

CRAYFISH & AVOCADO 12.95
rocket, cherry tomatoes, red onions, cucumber, lemon & lime wedges

• SMOOTHIES •

All 5.00

BERRY BOOST
raspberries, blueberries, banana apple, flax seeds
Benefits
high in omega 3 fats
loaded with nutrients
improve cholesterol
lower blood pressure

TOTALLY TROPICAL
Passion fruit, pineapple, mango, orange, baobab seeds
Benefits
high in vitamins
aid weight loss with a feeling of fullness
high in fibre

GOING GREEN
Kale spinach mango apple
Benefits
improve digestive health
contains antioxidants fibre
vitamin C & K
contains iron

specialita della casa

ZEST CLASSICS

CHICKEN GOUJONS 9.75
salad & fries; aioli & sweet chilli dip

PERI PERI CHICKEN 13.95
grilled breast, chilli peppers, garlic, salad, fries & chilli mayonnaise

SINGAPORE VERMICELLI 14.50
king prawns, chicken, stir fried crunchy vegetables, rice noodles, chilli, garlic & curry

SAUTÉ OF CHICKEN LIVERS 8.75
chilli & onions

CACIUCCO 16.50
mediterranean mix fish & seafood stew with chorizo, tomatoes, chilli, garlic & chickpeas

A TASTE OF THE DEEP SOUTH

Jambalaya 14.95
chorizo, chicken, king prawns, peppers, celery, onions & cajun rice

HOUSEBURGER 12.95
100% pure beef, melted cheese, onion, salad, dill pickle on a gourmet bun, 1000 island dip & fries

CHURRASCO BURGER 13.95
peri peri chicken breast, roast red pepper, melted cheese on a gourmet bun, salad, fries & peri mayo

CHICKEN ALLA CREMA 13.95
cream, mushroom, white wine, rice or fries

SALMON FISHCAKES 8.50
mixed salad; aioli & sweet chilli dip

SEARED SALMON HOLLANDAISE 13.95
grilled asparagus, salad & fries

A BOWL OF FRESH MUSSELS 13.95
cream, white wine, spring onions & garlic, crisp french fries

NEW

SICILIAN SLOW ROAST LAMB 15.95
marinated with lemon, thyme & oregano, slow cooked with potatoes & onions, mixed salad with feta & olives

Artisan

PASTA

LASAGNA AL FORNO 12.95
layers of pasta, rich beef ragu & creamy cheese sauce

PENNE ALL CREMA DI SCAMPI 14.50
crayfish tails cream chilli & cherry tomatoes

SPAGHETTI BOLOGNESE 11.50
rich beef ragu & parmesan flakes

LINGUINI AL GRANCHIO 14.75
fresh crab, cherry tomatoes, white wine, chilli, garlic & parsley

CASARECCE AL TONNO 14.75
fresh tuna, cherry tomatoes, aubergine & lime, crisp herb & chilli crumb

PENNE NORMA 10.75
tomato, basi, aubergine & salted ricotta

CASARECCE PANCETTA & FUNGHI 13.75
thyme & cream

PENNE AMATRICIANA 12.95
pancetta, onions, chilli & tomato sauce topped with flakes of parmesan

LINGUINI PORTOFINO 15.95
house speciality with fresh seafood, garlic, chilli, white wine, basil & cherry tomatoes

ZEST FRITTATA

Oven baked omelette
prepared with free range eggs

Choose from

chorizo potatoes onions
& red peppers

or

spinach potatoes onions
& cheese

8.95

sandwiches & wraps

ALL SERVED WITH MIXED SALAD

SHREDDED DUCK WRAP 10.95
shredded duck with chilli & onions, plum sauce dip

PRAWN & MARIE ROSE OPEN SANDWICH 9.75
rocket & lemon

ROAST HAM SALAD SANDWICH 7.95
on wholemeal with piccalilli

CRAB AVOCADO & ASPARAGUS OPEN SANDWICH 10.95
toasted sourdough, chill & lime

GOATS CHEESE BRUSCHETTA 9.50
roast peppers, rocket & balsamic drizzle

Fresh
POACHED SALMON
cream cheese & spring onion on a rustic baguette with watercress
10.95

GRILLED CHICKEN & BACON CIABATTA 9.75
mayonnaise

HOT STEAK SANDWICH 10.95
thinly sliced rump steak & sauté onions on a rustic baguette

MELTED BRIE & CRISPY BACON CIABATTA 9.50
cranberry sauce

TUNA MAYO WRAP 8.50
spring onions, cucumber & cherry tomatoes

ASPARAGUS, AVOCADO & ROAST PEPPER 9.50
toasted sourdough with houmous

TUNA SALAD SANDWICH 8.50
on wholemeal with mayonnaise

SPICY CHICKEN WRAP 9.50
peppers, onions, aioli

ITALIAN SAUSAGE CIABATTA 8.95
sauté onions & mustard dip

HOUMOUS WRAP 8.95
beetroot, pepper, carrot & onions

contorni
SIDES

CRISP THIN FRIES 3.50

GARLIC FRIES 3.95

MIXED SALAD BOWL 3.95

TOMATO & RED ONION

SALAD 3.95

SWEET POTATO FRIES 4.95

CHEESEY FRIES 4.75

ROCKET & PARMESAN SALAD

4.25

SUNDAY ROAST

*Roast Scottish Sirloin of Beef
Yorkshire Pudding
Roast Potatoes
Vegetables & Gravy
Horseradish Dip
12 noon til it's gone!*

14.95